

## PE 256: Exam 1

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Exam #1 is comprehensive and therefore will include all material covered from the beginning of the semester.

*Students are required to bring a “scan sheet” and a “blue book” to record their answers to the examination questions.*

### Content

The following Chapters and pages were covered during the semester:

- pp. 18-20
- Chapter 2
- pp. 9-14
- pp. 235-238
- pp. 123-126

The following subjects were covered in class:

- Value positions of a teacher
- Learning motor skills
  - Open & closed skills
  - Self-paced & externally-paced skills
  - Continuous, discrete & serial skills
  - Aspects of skillfulness
  - Stages of learning a motor skill
- Criteria for a learning experience
- Learning objectives
- Considerations for teaching a closed skill

### Testing Procedure

Exam #1 is worth 5% of the final grade. The following types of questions will be used to assess the “cognitive performance” of the students.

- Multiple Choice (Praxis II style)
- Short Answer/Listing
- Identification: Criteria for a Learning Experience; Learning Objectives